



# WeightWarriors

## Orange Team: Chapel Hill

### **WANDA ALSOBROOK:**

"I want to be able to fit into skinny jeans with stiletto boots and take a spin out on the town."

### **JEANETTE HOLLOMAN:**

"I want to show my daughter, who was diagnosed as pre-diabetic, that you can get off that path."

### **THERESA HUNTER:**

"There are 80-year-old body builders, and I want to be that person. I want to be on top of the world."

### **RHONDA MABRY:**

"It's about being fit and healthy as I go into the rest of my life."

### **SHAUN MILLER:**

"In six months, my inner awesome will match my external awesome."



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## Green Team: Durham

**MAIA DAVIS:**

"I'm studying to be a health coach. No one wants a fat health coach."

**LAGIER GADDY:**

"I want a fit life. I want a healthy life. I want my life."

**RITA HEWELL:**

"Growing up, I was not chubby or chunky. I was fat."

**CHAUNDRA SMITH:**

"I have not weighed under 200 pounds in 21 years. When I reach 199, I'm going to throw a party."

**JEREMY WICKERSHAM:**

"I want to be an active dad so my kids will be active with their children when they become fathers."



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## Pink Team: Durham

### **STEPHANIE DAVIS:**

"When I couldn't get the dress to zip, I thought I was going to have an emotional breakdown in the dressing room."

### **APRIL SILVERA:**

"One of my goals is to have a photo of me and my son going down the slide together without me worrying about getting stuck."

### **ADRI MAISONET-MORALES:**

"I'll be the energizer bunny on steroids."

### **MONIQUE WILLIAMSON:**

"When we got ready to get onto one of the rides, I was too big to fit."

### **LYDIA RUSCHE:**

"I'm either losing weight or gaining weight. There are never two weeks where my weight is the same."



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## Red Team: Durham

### **SANDRA DAVIS:**

"When I'm stressed, I love chocolate, and I adore bread. But I know that's not good for me."

### **SHEENA LEWIS:**

"I love fried pork chops and a good home-made biscuit, the ones that aren't perfectly round that grandma just pinches off."

### **BECKY OLEJAR:**

"I walked into a store that was mostly smaller sizes, and the salesperson told me that I might be in the wrong store."

### **GENEVIEVE SOUTHERN:**

"My son came up to me one day and said, 'Mommy, why do you have a squishy tummy?'"

### **TIFFANY WHITE:**

"My temptation is everything. I'm a food lover."



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## Yellow Team: Durham

**DENISE DOSS:**

"I want to be able to keep up with my daughter come basketball season."

**LARRY GRAY:**

"If I can do it, believe me, anybody can do it."

**SHERON FAISON:**

"Forget the salad, I want the red velvet cake."

**WANDA HOWARD:**

"I love looking at my family's pictures from St. Thomas until I get to the ones I'm in."

**TAHLIA SMITH:**

"I have a trip planned to Canada, and I can't wait to open my suitcase, full of skinny jeans and bikinis."



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## Blue Team: Winston-Salem

**MELANIE COLES:**

"I don't want to be the big mommy that the other kids talk about."

**CRYSTAL COWAN:**

"I saw all the extra lady lumps and realized the beautiful black evening gown was not beautiful on me."

**WAYNE RANDALL:**

"I weighed 330 pounds. That was my 'aha' moment."

**LACRETIA THOMPSON:**

"I'll have enough room in my skinny jeans to fit my neice, who told me they were too tight."

**KARISSA WILLIAMS:**

"I want to be able to run a 5k one day."



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## Purple Team: Work from Home

**LORINDA CARTWRIGHT:**

"I want to be able to ride a bike again with my daughter and go running with her."

**MICHELE JOHNSON:**

"I want to go to Hawaii and lay on a beach in a really lovely swimsuit and not feel self-conscious at all."

**LINDA MCKINNON:**

"If you put something between two slices of bread, I'm all over it."

**DWAN RICHMOND:**

"In six months, I want my sister to plan a party for me so I can get back into my favorite jumpsuit."

**WENDI SPRAKER:**

"I did lose weight when I was in college and kept it off until I had my first baby. With that pregnancy came a whole lot of pounds."



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