CARNIVAL PARADISE OFFERS THREE- AND FOUR-DAY BAJA CRUISES FROM LONG BEACH

MIAM I – The 70,000-ton Carnival Paradise offers year-round three- and four-day cruises from Long Beach, Calif., proving a truly unique vacation experience, with a host of "resort-style" amenities and an exciting array of stunning public rooms and facilities, each with a character all its own.

On this popular short cruise program, Carnival Paradise departs every Friday on three-day cruises to Ensenada, Mexico, while four-day cruises depart Mondays and call at both Ensenada and Catalina Island.

Carnival Paradise encompasses 10 passenger decks and features a variety of on-board amenities and entertainment venues, myriad dining options, an expansive health and fitness center, a "Camp Carnival" children's program, and a comprehensive golf program.

PUBLIC ROOMS AND AREAS

Carnival Paradise features a variety of dramatic public spaces designed by Carnival's award-winning interior architect Joe Farcus, these areas range in style all celebrating 20th-century passenger ships, each evoking a nostalgic atmosphere of the liners from the era.

From the **Blue Riband Library**, inspired by the coveted Blue Riband awarded to the world's fastest transatlantic liner; **Rex** dance club which pays tribute to the Italian liner with contemporary touches and a modernist décor; and **Normandie** show lounge featuring striking art deco designs reminiscent of the French Liner.

Other venues include the **Queen Mary** lounge with replicas of the ship's famous funnels adorning its walls; The **America Bar,** named for the classic liner, featuring large copper-leaf sculptural panels depicting quintessential American scenes.

Carnival Paradise's seven-deck atrium and elevator lobbies feature grand columns, and classical stone and mahogany architectural fixtures that recall ocean liners' impact on the world of style.

DINING OPTIONS

Carnival Paradise offers a wide variety of formal and casual options at sea, including the **Destiny** and **Elation** formal dining rooms and the poolside **Paris Bar & Grill**, a casual eatery serving full breakfast, lunch and dinner buffets and a 24-hour pizzeria. Dining room menus include vegetarian dishes and children's menus, as well as Spa Carnival Fare, delicious health-conscious menu items that are lower in fat, sodium, cholesterol and calories. The ship also features a sushi bar, a patisserie, complimentary 24-hour room service and ice cream and frozen yogurt.

ON-BOARD PROGRAMS

'CAMP CARNIVAL,' 'CIRCLE C,' 'CLUB O2' – Building upon Carnival's distinction as the family cruise leader carrying 625,000 children annually fleetwide, Carnival Paradise offers organized programs for three different age groups – Camp Carnival for 2- to 11-year-olds, Circle "C" for 12- to 14-year-olds, and Club O2 for 15- to 17-year-olds – with supervised activities and expansive, modern facilities for each group.

'SPA CARNIVAL' – Fitness has become an important part of people's daily lives and guests sailing on the Carnival Paradise can take advantage of the ship's newly renovated health and fitness facility, "Spa Carnival." The 12,000-square-foot "floating health club" features private treatment rooms and updated exercise equipment, as well as a mirrored aerobics room, men's and women's locker rooms, steam rooms and saunas, and a sophisticated menu of body and facial treatments, including a number of exotic "European-style" therapies. Also featured is a one-eighth-mile jogging track, along with a beauty salon offering a variety of hair, nail and make-up services.

ADULTS ONLY RETREAT- Another new feature on the Carnival Paradise is Serenity, the line's popular adults-only retreat located aft on Promenade Deck. With design elements that include teak decking, large umbrellas and thatched roofing, Serenity provides an ocean-going oasis for relaxation and comfort. Guests can enjoy icy cocktails and frozen drinks while relaxing in plush chaise lounges and chairs.

GOLF PROGRAM – Through a partnership with Sunrise, Fla.-based Elite Golf Cruises LLC, golfers sailing aboard the Carnival Paradise have the opportunity to receive personalized instruction and play top courses in Mexico. Shipboard lessons are conducted at a covered and lighted "driving range" and utilize state-of-the-art "V1" teaching computers featuring side-by-side comparisons with top tour players and sophisticated video analysis. Lessons are also included during golfing excursions, which feature priority tee times, transportation between ship and course, and cart and

green fees. Equipment rental, including Nike clubs, golf shoes and accessories, is also available.

SPACIOUS ACCOMMODATIONS- As part of Carnival's fleetwide stateroom enhancements, all of the Carnival Paradise's 1,026 staterooms feature the new "Carnival Comfort Bed" sleep system, featuring plush mattresses, luxurious duvets, fluffy pillows and high quality sheets and linens. All accommodations include terrycloth bathrobes and offer in-cabin amenity kits with a variety of brand-name product samples for men and women.

INTERNET CAFÉ, WI-FI ACCESS, CELL PHONE SERVICE – Like all "Fun Ships," Carnival Paradise offers an Internet café with private workstations featuring flat-screen monitors, along with Wi-Fi access available in virtually all public rooms and areas. Guests can also make and receive cell phone calls whether the ship is at sea or in port.

For additional information or reservations, contact any travel agent, call 1-800-CARNIVAL, or visit www.carnival.com.

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