2,124-PASSENGER CARNIVAL SPIRIT OFFERS SEASONAL ALASKA, MEXICAN RIVIERA CRUISES FROM WEST CAOST

Carnival Spirit, the namesake vessel in the line's popular Spirit-class, offers a diversity of resort-style facilities and features, including expansive spa and children's facilities, four swimming pools, a cascading water slide, a wedding chapel, conference center and an Internet café.

The 88,500-ton Carnival Spirit sails from Seattle to Alaska during the summer and operates a one-of-a-kind five- and nine-day Mexican Riviera voyages from San Diego in the fall and winter.

Carnival Spirit's seven-day Alaska schedule runs May 11 - Aug. 31, 2010, and features visits to Skagway, Juneau and Ketchikan, as well as Victoria and Tracy Arm Fjord. The ship will operate two 12-day Hawaii cruises before beginning its new winter schedule of five- and nine-day Mexican Riviera cruises from San Diego.

PUBLIC ROOMS AND AREAS

Carnival Spirit features a variety of dramatic spaces, each with its own unique theme designed by Carnival's award-winning interior architect Joe Farcus. These areas range in style from **Pharaoh's Palace**, an elegant multi-level theater offering an Egyptian Revival style inspired by King Tutankhamen's sarcophagi, which serves as the venue for Carnival's legendary production shows; **Versailles Lounge**, inspired and decorated in the elegant, highly decorative manner that emerged in 18th-century France; and **Dancin'** a two-level dance club featuring a two deck, 20-by-20-foot video wall of 48-inch monitors.

DINING OPTIONS

Dining is considered by many to be the highlight of a "Fun Ship" cruise vacation and Carnival Spirit offers a wide variety of delectable choices to suit any mood or taste. In addition to the full-service two-level **Empire** room featuring expansive menus and wine lists, Carnival Spirit includes **La Playa Grille**, a casual poolside eatery offering full buffets for breakfast, lunch and dinner, as well as a 24-hour pizzeria and New York-style deli.

Also available is the **Nouveau**, a classic American-style steakhouse located at the uppermost level of an 11-deck-high glass-enclosed atrium. Other dining options include a sushi bar serving authentic Asian delicacies and a café offering coffees and sweets. Complimentary 24-hour stateroom service is also available, and vegetarian, children's and health-conscious menu selection are features on all dining room menus.

ON-BOARD PROGRAMS

CAMP CARNIVAL, CIRCLE 'C,' CLUB O2 - building upon Carnival's distinction as the family cruise leader carrying 625,000 children annually fleetwide, Carnival Spirit offers organized programs for three different age groups- camp Carnival for 2-to 11- year-olds, Circle "C" for 12- to 14-year-olds, and Club O2 for 15- to 17-year-olds- with supervised activities and expansive, modern facilities for each. Carnival Spirit also houses four swimming pools, including a children's wading pool and an aft pool.

SPA CARNIVAL - Fitness has become an important part of people's daily lives and guests sailing on Carnival Spirit can take advantage of the ship's expansive health and fitness facility, Spa Carnival. Among the largest facilities of its kind, the 14,500-square-foot health club offers a full gymnasium housing the latest exercise equipment, a mirrored aerobics room, men's and women's locker room, steam rooms and saunas, and a sophisticated menu of body and facial treatments, including a number of exotic "European-style" therapies. The ship also features four swimming pools and a one-eighth-mile jogging track. A salon offering a variety of hair, nail and make-up services is available, as well.

GOLF PROGRAM- Through a partnership with Elite Golf Cruises LLC, golfers sailing aboard Carnival Spirit have the opportunity to receive personalized instruction and play a variety of challenging courses in various ports of call. Shipboard lessons are conducted at a covered and lighted "driving range" and utilize state-of-the-art "V1" teaching computers featuring side-by-side comparisons with top tour players and sophisticated video analysis. Lessons are also included during golfing excursions, which feature priority tee times, transportation between ship and course, and cart and green fees. Equipment rental, including clubs, golf shoes and accessories, is also available.

SPACIOUS ACCOMODATIONS- Eighty percent of the Carnival Spirit's staterooms offer an ocean view with 80 percent of those featuring private balconies. As part of Carnival's fleetwide stateroom enhancements, all of the Carnival Spirit's 1,062 staterooms feature the Carnival Comfort Bed sleep system, featuring plush mattresses, luxurious duvets and duvet covers, fluffy pillows and high quality linens. All accommodations include terrycloth bathrobes and offer in-cabin amenity kits with a variety of brand-name product samples for men and women.

INTERNET CAFÉ, WI-FI ACCESS, CELL PHONE SERVICE- Like all "Fun Ships," Carnival Spirit offers an Internet café with private workstations featuring flat-screen monitors, along with Wi-Fi access available in virtually all public rooms and areas. Guests can also make and receive cell phone calls whether the ship is at sea or in port.

For additional information and reservations, contact any travel agent or call 1-800-CARNIVAL. Information and reservations also can be obtained via Carnival's Web site at www.carnival.com.

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